



## Documentary film: *Choosing Earth: Choosing Life*

### Film Conversation Guide 2.0

This is a simple guide to support groups initiating a conversation after viewing the documentary. We suggest three questions as a starting point — giving about 15 to 20 minutes for each question. This conversation can be used by both face-to-face and online groups. To help support everyone having an opportunity to speak, it may be helpful to begin by breaking into groups of two or three persons and giving each person 2 or 3 minutes to share, and then shifting to popcorn-style sharing in a larger group.

You may want to begin by pausing for a moment of silence to bring people into a settled and still presence. Then acknowledge that the film covered both difficult challenges facing humanity and how we can view and respond to those challenges. Here are the questions:

1. What feelings are coming up for you? What was most challenging? What was most encouraging?
2. What did you learn that was new or was most helpful?
3. What are you moved to do? Are you motivated to share this film with others? Host a film watching gathering with family, friends and colleagues?

Groups may want to expand and deepen the inquiry with additional questions and actions. For example:

- From your experience, what are some of the key signs that humanity is growing up and maturing to meet the challenge of global transition?
- How can your work help people become more aware of the crisis and opportunity?
- What are some of the gifts you can offer this time of transition?

Also please see the [Choosing Earth.org](https://choosingearth.org) website for information about our book study groups. We have developed a seven-session curriculum for groups and a facilitators handbook.

Finally, we will be updating and expanding this conversation guide so check back for revised versions.